



CHERWELL GYMNASTICS CLUB NEWSLETTER

Issue 5 – April 2011

Welcome to Cherwell
Gymnastics Club's newsletter
that brings you the latest
news in the Club.

Club Open Day

The annual club open day will take place in the gym on Saturday 2nd July 2011. The open day provides the opportunity for the gymnasts to present routines they have been working on in a friendly competition. It is also a chance for parents, family and friends to come along to watch and encourage all the gymnasts at the club. Further details about the day will be sent out next term.

Squad News

The squads are now all training towards the forthcoming competitions:

25th June – Under8s –venue to be confirmed.

3rd July – Oxfordshire County All Round at Phoenix GC.

24th/25th September – Southern Region In and Out of Age- venue to be confirmed.

9th October – Southern Region Out of Age Floor & Vault at Phoenix GC.

12th November – Under8s-venue to be confirmed.

13th November – Oxfordshire Individual Apparatus at Phoenix GC.

Therefore, it's going to be a busy time for the squad gymnasts. They will need to put in a lot of hard work and dedication over the coming weeks to make sure that they reach and maintain the required level for their respective competitions.

Recreational Competition

The Club has been invited to take part in an inter-club competition against Bicester GC for recreational gymnasts. It will be held on 14th May at Bicester GC at 1:30 – 4:00pm. Please come along to support if you can.

Coaches

Congratulations go to Kelly, Anne-Marie, Susie and Sam for passing their British Gymnastics Level 1 coaching certificate. Also to Hazel in passing her level 4 coaching certificate. For information on

all our coaches please visit the Club's website.

Club Clothing

We have the following items in stock:

| | |
|-------------------------------|-----|
| Club Leotards | £25 |
| Training Leotards | £20 |
| NEW Hooded Sweatshirts | £15 |
| Tee Shirts | £6 |
| Sweatshirts | £10 |
| Hand Guards | £10 |

Fundraising Video

The Club is looking to produce a promotional video as a means of fundraising and possible sponsorship. Letters have been given to all gymnasts about this as parental permission is needed for them to be filmed. If you do not want your child to appear then that is not a problem. Any filming will only be done with those gymnasts whose consent has been given. It is hoped that the video will be finished shortly so look out on our website for more information.

Dates for Next Term

3rd May – 26th May (Mondays re-start on 9th May)

6th June – 14th July

Term fees are now due and if you would like to pay these by

bank transfer then please speak to Sarah for the bank details.

Emergency Contact Numbers

Should you need to contact any of the coaches in the event of an emergency only on a training night then phone:

Sarah 07791 919535

Juliet 07969 440915

Hazel 07958 200452

Kate 07759 727969

Future Newsletters

To save on printing costs, it would be helpful to send out future issues by email. If you would like to receive it by email then please send an email requesting this to:

enquiries@cherwellgym.co.uk



Extras

Are you looking to become a budding Masterchef? If so, then there is a Childrens Italian Cookery School (for ages 5+), held every Sunday 10-11am in Verde Pizzeria, 212 Cowley Road, Oxford. Tel: 01865 246222 to reserve a space.